



DARPAN

2019-20



INDEX

Letter from the Principal
Letter from the Program Officer
Letter from the Convener
Letter from the President
Letters from the Vice
Presidents
Notes from the Core
Notes from the Ex-Core
From the Editors
Teachers' Committee
Editorial Team
Introduction
Parivartan
Our Projects -
 Each One Teach One
 Astitva
 Pahal
 Pustak - Book Bank
Our Events
Students' Writeups



Dr. P. Hemalatha Reddy
Principal

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It is a moment of great elation for me as the first edition of the NSS SVC's magazine is in the hands of our esteemed readers.

The title "Darpan" gives expression to the purity, positivity and transparency with which initiatives are carried forward in this society. Darpan crystallises the spirit of NSS SVC and its hardworking volunteers. It is heartening to tell that NSS SVC is one of the best chapters in the University of Delhi. This magazine gives an insight into the multi-various activities and social projects undertaken by the members of NSS. Undoubtedly, it also exhibits the hard work and dedication of students and contributions of the teachers towards the society.

With coverage of the delightful experiences of last year, it represents what NSS SVC stands for. I feel happy to see how this magazine provides a platform for the student body's creative expression. Further, I am also proud of the fact that Darpan is a complete in-house publication without any help from outside.

I take this opportunity to congratulate the Editorial team of NSS SVC for Darpan. Along with this, I hope that NSS SVC shoulders the huge responsibility of not only maintaining this legacy but also continuously striving hard to take this journey onwards with their commitment and good work to be counted among the stars. As a wise man once said :

"A great accomplishment shouldn't be the end of road, just the starting point for the next leap forward."


PRINCIPAL

Letter from the Program Officer



Mahatma Gandhi once said, 'The best way to find yourself is to lose yourself in the service of others'.

In this era, where there is stiff competition to excel in everything whether it's work related or personal life, the NSS provides us with a window with which the youth gathers exposure in different social, welfare activities which help the society to move forward towards the direction of peace and progress, shaping their personality to become better and to make them responsible individuals.

The significance of doing social service in a student's life is immense. The home and the educational institution are the places where they imbibe the spirit of social-service. Students are enlightened. The volunteers at NSS-SVC have been actively involved in reaching out and talking to people about healthcare, how various cleanliness schemes undertaken by the government can help them.

I'm very proud of the fact that throughout the year our volunteers have worked very hard. They have taken active part towards NSS's resolution of afforestation.

They have also been going out to interact with people, to conduct interactive awareness sessions and Nukkad Nataks in public to get rid of the public's ignorance and to form a public opinion against social evils like drug addiction, casteism, dowry, child abuse, etc. Not only that, they have been actively involved in donating blood and are equipped with proper training in case a disaster occurs or to provide basic first aid.

The NSS-SVC unit was established only two years ago and is still considered to be in infant stages but the work done by the volunteers is remarkable and resembles none other than that of a veteran.

The work that our volunteers do clearly show that deeds are louder than words. In such a short span of time since its inception, NSS-SVC unit has done so many different varieties of projects and activities that my words fall short to list them all. Through teamwork and dedication towards the cause, our volunteers live up to the motto 'Not me, But you'. Keep marching forward, my dear volunteers. Let us strive to be the change that we so desire to see in the society.

I pray to the Almighty God that he showers his blessings to each and every volunteer who is a part of our team as we strive to uphold the tradition and legacy in the years to come.

May god be with every volunteer!

-Dr. Ram Kishore Yadav



Letter from the Convener

National Service Scheme forms a link between 'knowledge' and 'action', the knowledge of the social conditions and the actions of social service to improve them. NSS SVC is driven by the principles based on the spirit of selfless service, strong commitment towards humanity, spreading smiles and reaching out to the broader section of the society.

The ambitious and well planned projects of NSS SVC serve this purpose. We are working on four projects currently; Project Each-One Teach-One, Project Astitva, Project Book Bank and the most important, Pahal, our Research Project, with a budding Food Project as an extension of it. Project Each-One Teach-One gives every child of Sanjay Camp the right to education. Project Astitva is about women empowerment. Project Book Bank believes in the idea of sharing knowledge and provides others with the sources to gain it. Lastly, Project Pahal is about collection of data and to have a detailed study of the lives of people around us. And, Project Food is about reducing wastage of food and providing it to those who actually need it. All these projects collectively are a reflection of collective team spirit exhibited by each and every volunteer.

We have planned to cover even more areas in the coming future. For instance, projects focussing on personal health, by organising multiple health camps and projects to address mental health issues. I'm sure the volunteers will handle all the upcoming projects effortlessly with great care and discipline. Each volunteer is filled with boundless potential and determination in the world, which is why I'm confident that every single NSS SVC volunteer is going to be the guiding star and a leader of tomorrow who will make this society a much better place to live in.

A noble man once quoted, "the larger purpose of education shall be the service of mankind". NSS SVC abides by this saying and is fully committed to provide a meaningful participation and to play their part towards the society at their level.

The success of various projects, events, activities, programs, and efficient planning of upcoming projects is simply commendable. I hope this light of passion and commitment towards service and team spirit always remains ignited in the hearts of these young students of NSS-SVC. My best wishes to all their future endeavours. Keep Shining!

-Dr. Punam Sood

Letter from the President



"The happiest people I know are those who lose themselves in the service of others." I read this quote a lot but understood its true meaning only when I got associated with Parivartan. It gave me a platform to help the society in such a way that I can't express, giving me immense satisfaction and inner happiness. From painting walls in slums to educating the young minds, it made me understand what it is like to do something for the society.

The NSS motto "not me, but you" has a deep meaning and I got to understand and work for it along with ideals of Parivartan i.e "Let's make a difference". At NSS, we believe in working at the ground level and bringing about a change in people's lives

NSS definitely sums up my journey in college. I never thought NSS would give me such wonderful memories, amazing people, satisfaction, happiness and a family which I never want to leave. These two and a half years, first working as a Volunteer and then working with certain responsibilities, gave me chances and different experiences to learn, to grow and to serve. It gave me such enthusiasm that I would continue to work for the betterment of society even after my college ends.

It gives me immense happiness and pleasure to say that NSS SVC is publishing its first magazine "Darpan" which will give insights of our work and might also help in motivating others to work for the society. I will wish all my readers an enjoyable and happy reading.

Shruti Jain
President
National Service Scheme
Sri Venkateswara College

Letter from the Vice-President



Dear Readers,

The National Service Scheme is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports, of the Government of India. NSS came as a blessing to our college as it opened the door to a plethora of new opportunities.

I have been a part of NSS since its beginning in 2018 and am extremely proud to be associated with such a noble organization. The unique thing about NSS-SVC is that we carried forward our 'Parivartan legacy' through the motto "Let's make a difference". The biggest asset that NSS has is its members. It is our indomitable team spirit that synergizes the magnitude of our effort to positively impact the lives of the underprivileged and marginalized.

I request you all to go through our events and projects very carefully and read them with an open heart because our volunteers have put a lot of effort in this magazine. We all put our heart and soul in all events, for we recognize the beauty in empowering people – and its positive impact on society at large.

Apart from social service, NSS helps in our personal growth as well. It will teach you how to be confident, patient and thoughtful, and make you understand the importance of unity and team work. In one way or another, NSS trains you to face all challenges in your life.

At last, I would like to take a moment to thank this platform for turning me into a better version of myself and I hope it will help you all too in some way. NSS is the best platform to grow and I want each and every student of this institution to be proud of the work that we continue to do.

Long Live NSS SVC!

Kashish Jain
Vice President
National Service Scheme
Sri Venkateswara College
2019-20



Letter from the Vice-President

The ideals of NSS SVC were taken from Parivartan (the social service society of our college uptill 2018).

Slum areas in Delhi have sundry problems like school-dropouts, the minimal role of women in the public sphere, unhealthy circumstances, lack of awareness, etc. Thus, most of our projects, events and drives are concentrated in the slum area of Sanjay camp, which is at a stone's throw from our college. Our programmes and drives are aimed at eradicating social problems and an inside-out approach towards the development of the concerned slum area.

Also through other events and seminar, we try to create a sense of social responsibility and awareness inside college and various places in Delhi.

Leadership skills, social values, planning skills, etc are learned by our volunteers which develop their inner personality.

In my opinion, NSS units in other colleges should take responsibility for nearby slums so that slums would also be able to enjoy the fruits of development as was the dream of Mahatama Gandhi: Let's make a difference!

NSS has been an integral part of my college life. First as a member, then project head, and finally the Vice President - the journey has been fabulous. I would like to express my heartfelt gratitude to the whole team for all the support and dedication.

I would also like to congratulate the editorial team for the first edition of 'Darpan'. I'm sure that this magazine will touch the hearts of the people and will establish a legacy in the history of NSS SVC.

Lokamanikanta
Vice-president
National Service Scheme
Sri Venkateswara College

Notes from the Core

It's my third year being associated with this society - first Parivartan and then NSS. It is like a family away from home for me. I joined the society as an 'Each one Teach one (E1T1)' volunteer. There even was a time when I was not allowed to continue as a member of this family. There have been many ups and downs in my journey of being a member of this society. Many a times this thought came to me that this will make my life hectic and I should leave it, but my lovely colleagues never let me do so and I am so thankful for this. The memories that I have today after my three years in college, NSS-SVC owns a major part of it. It gave me a platform where I came to know about my talents and capabilities. Today the thought of ending this journey makes me shiver. Thank you NSS-SVC for all that you gave me.



- Rishabh Jain, Government Programme Executive



My journey with NSS has been so wonderful that every step gave another new experience. Spreading smiles gave me satisfaction and igniting minds filled me with confidence. We, as a team have come so far and each and every minute devoted for the unit has definitely proved to be worth the effort put in.

-Sejal, Joint Secretary

NSS is not just a Scheme, it's a Dream. I am very happy to have been associated with NSS SVC. I got a chance to see a different side of myself. Helping people and children makes me energetic. I will work for the betterment of others throughout my life.

-Suman, General Secretary





NSS SVC has been a great opportunity to learn, grow and explore. I would like to thank my seniors to put me in their shoes, so I can experience leadership. I hope I made them proud and did justice to the spirit of NSS SVC.

- Arjun Sharma, Technical Head

I have been a part of NSS since past two years and it has been an amazing journey. It has helped me in inculcating so many values and has given me many rich experiences. I have met many people throughout this journey and each one of them has taught me something new and therefore I thank this platform for letting me become a part of it.

- Kajal, General Secretary



NSS is not just about doing social work, it is a process of mind mapping. It is a society which gives rise to independent minds and independent minds reflect liberty. It is also a two-way process of give and take. It has helped me in enhancing my creativity, communication, leadership skills, critical thinking and confidence along with helping the needy to enhance their standard of living, lead a life of dignity and make the society a better place to live in. To sum it, NSS has made me a better human being.

- Kanakshi, Treasurer



I joined NSS in my 2nd year and since then I have been nothing but grateful. NSS gave me a platform to project my strong feelings for serving the society especially the women. Project Astitva is my greatest takeaway from NSS, working for these ladies and empowering them has given me a different sense of achievement. It's been a beautiful journey I'll cherish forever! Thank you NSS-SVC.

- Yukti, Operational Head

Core Team 2019-20



Notes from the Ex-core...



For those who know me, know that NSS meant everything to me. It not only gave me a sense of happiness but also the satisfaction of being able to bring a ripple effect of change in the society, step by step.

To be able to carry forward the vigour of our seniors and seeing the same being carried forward by my juniors makes me very proud!

- Kamalika Anand, former President

Parivartan (now NSS) is my second home. Being the Vice President of the society helped become stronger and better. I still remember the day I joined Parivartan as a member, how I tried to do better every year as the society reached new heights. This society and its making are etched in my memories forever. Last year being the first year of NSS in our college made things challenging. Yet the society, with its dedicated members, sailed past those high tides. I would always hope to see this home of mine grow everyday with passing time.

Bon Voyage NSS-SVC

- Rochishna, former Vice-President



The journey from being a member of Parivartan to the Secretary of NSS, has been one of the most beautiful journeys of my life. It gave me a platform to showcase my capabilities and helped me evolve into a better human being. Everyone and everything related to NSS has been embedded within me forever. NSS is something which I would like to cherish for a lifetime.

- Kankana Talukdar, former Secretary

I don't write this as a former core team member of NSS, but just a new girl who joined college and rushed the moment she saw this society's forms being filled out. I don't regret any minute I spent working with the lovely team members for the best of causes. I can't thank NSS enough for being exactly what I needed to learn, grow and just become a better person in general. Today I can proudly say that I have taken the best memories and experiences that will remain treasured in the bottom of my heart for a very, very long time.

- Varisha Jain, former Treasurer



From the editors

NSS is not just a society, it is a journey - a journey filled with learning, joy and satisfaction. The two years that I have spent as a part of this beautiful family, have been etched in my memory forever. Being part of the editorial team of NSS SVC has been an enriching experience. I am proud to have led such a wonderful team of dedicated and talented individuals. Each and every member has put their heart and soul into making last year a success. With the hope that this success mirrors through these pages, we proudly present to you the first edition of our annual magazine - Darpan.

- Dhriti Mankatalia (Editor-in-chief)



I've been a part of a lot of societies in college, but never in the two years of college have I come across a society as genuine and hard working as NSS-SVC. I've been lucky enough to witness and be part of the progress made towards changing society for the better.

For the first time in the history of NSS-SVC, we proudly present our first edition of the Annual Magazine- Darpan. This magazine reflects the blood and soul of our editorial team, which worked hard, day and night, to give justice and to reflect the values and principles of NSS-SVC.

From creative pieces on different subject matters regarding our society, to the untold stories of dedication of the NSS-SVC team, this magazine has it all.

Hope you all have a good time reading it!

- Rhea Bhatia (Co-editor)

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Chhavi Mahaur



"NSS is the essence of being human. Words are not enough to explain its meaning. But Darpan is our small step to bring justice to its meaning."

Editorial Team



Introduction

WHAT IS NSS?

The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. The program aims to instill the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. It also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster's victims.

ORGANISATION OF NSS

At national level, NSS India is the nodal authority, which works with state-level NSS cells. State-level NSS cells are the responsibility of the respective state governments. Within states, each university has University level NSS cells under which institutions (schools and colleges) based NSS units operate. Most government and government-aided institutions have volunteer NSS units. Institutions are encouraged to have NSS volunteers. A unit typically comprises 20–40 students. They are managed internally by a responsible party from the school or college, who reports to the regional NSS coordinator. Most institutions do not have a separate uniform for NSS volunteers as there is standard khakhi colored national dress code for NCC. There are two types of activities: Regular Activities (120 hours) and Annual Special Camp (120 hours). All the NSS Volunteers who have served NSS for at least 2 years and have performed 240 hours of work under NSS are entitled to a certificate from the university under the signature of the Vice-Chancellor and the Programme Coordinator.



NSS
SRI VENKATESWARA COLLEGE

NSS SVC started its journey in 2018 with DR. Ram Kishore Yadav as the programme officer . Earlier known as "Parivartan" this society was formed on the cornerstone of the vision Let's Make a Difference. The students of NSS are not only carrying forward the legacy of Parivartan but also being torch bearers of the motto of NSS "not me but you"

With about 1.5 years in existence , 4 main projects , almost 80+events , 250 volunteers and 20+ competitions, NSS SVC strives to advocate the true spirit of social service and welfare .

Parivartan

NSS-SVC was formed in 2018 and it reformed the earlier social service society of our college Parivartan. Parivartan the social service society of Sri Venkateswara College worked for social transformation and development of the society as a whole. It believed in leading a life of security, dignity and prosperity.

The volunteers did their best to live up to our motto 'LET'S MAKE DIFFERENCE'. Parivartan actively organised various events and activities such as teaching programs, blood donation camp, donation drive etc and also collaborated with various NGOs across delhi that were working in different spheres.

Five wings of Parivartan :-

Creative

The team made use of latest techniques and ideas to create appealing content for Parivartan.

Editorial

The team's effort was to spread far and wide, the message of Parivartan.

Sensitisation

The team aimed at organizing flash mobs and skits to sensitise people on issues like drug abuse, mental health etc.

Kopalen

This wing was concerned with the outreach and the environment we live in.

Each One Teach one

It aimed at educating underprivileged children, thus providing them an opportunity to grow.



CONCLUSION



The tree's beauty lies in its branches, but its strength lies in its roots. Today whatever NSS-SVC is, our roots are based on the framework of parivartan the social service society. Its values are forever embedded in our volunteers actions. NSS-SVC as a team works hard with great passion to carry that legacy which we have inherited from Parivartan the social service society.



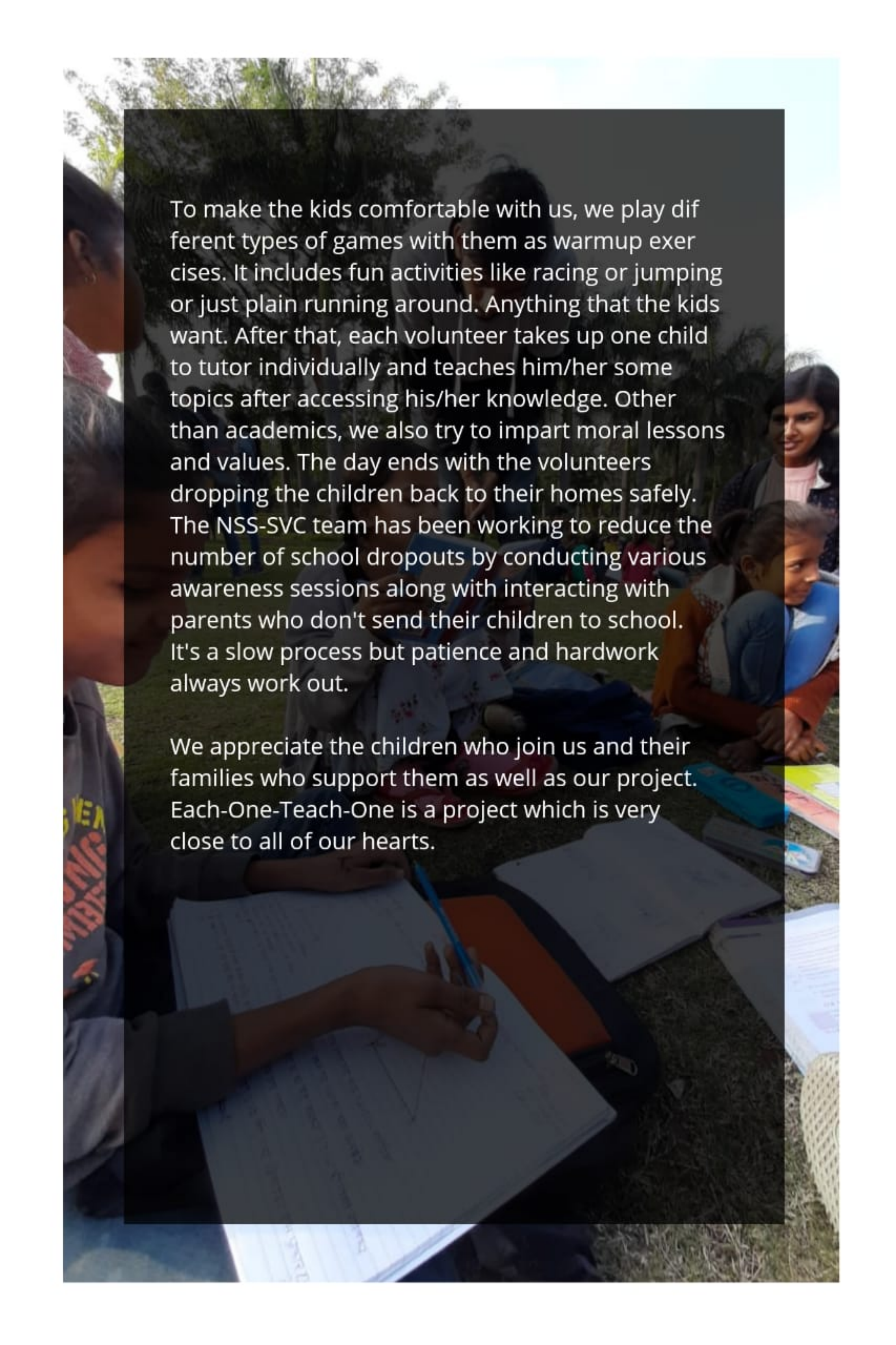
Our Projects

Each One Teach One

NSS-SVC believes that it's not your laughter but a laughter you can create on someone else's face that brings out the real meaning of enjoyment in one's life.

Each-One-Teach-One, the revolutionary project of NSS-SVC, gives no less than a hundred percent to impart academic and life lessons to the under-privileged children. Two days in a week have been decided on which all volunteers try to leave their work behind to tutor the children who could not go to school.

Because of various reasons, financial, social or any other, some children miss out the chance to achieve a must-do thing in life, that is getting good education. But our team tries to fill those gaps which life may have left unfulfilled in their lives. At NSS-SVC, we have a separate functional team for Each-One-Teach-One. One team goes over every Wednesday and the other every Thursday. We go to a nearby slum area in Sanjay Camp which is in Chanakyapuri. The people living in Sanjay Camp are full of enthusiasm. So much so that they welcome us by doing Namaste and cooperate with us in every way possible. The parents there know the importance of education and they realize the impact the absence of it has in their life.

A group of children are sitting on the grass outdoors. Some are holding papers and pens, suggesting a learning or writing activity. The background shows trees and a clear sky. The text is overlaid on a semi-transparent dark grey box.

To make the kids comfortable with us, we play different types of games with them as warmup exercises. It includes fun activities like racing or jumping or just plain running around. Anything that the kids want. After that, each volunteer takes up one child to tutor individually and teaches him/her some topics after accessing his/her knowledge. Other than academics, we also try to impart moral lessons and values. The day ends with the volunteers dropping the children back to their homes safely. The NSS-SVC team has been working to reduce the number of school dropouts by conducting various awareness sessions along with interacting with parents who don't send their children to school. It's a slow process but patience and hardwork always work out.

We appreciate the children who join us and their families who support them as well as our project. Each-One-Teach-One is a project which is very close to all of our hearts.




Astitva

Project Astitva is a women centered project by NSS SVC where we take the responsibility to empower the underprivileged women of Sanjay camp, in various sectors.

'Astitva' means 'existence' and so is our aim for the women of the society to realize, to get aware about their rights and ability to support their family financially.

Menstrual hygiene is the key issue taken up as a part of this project. A variety of sub-topics are also addressed concerning menstruation.

So far, we have distributed two hundred and forty biodegradable sanitary napkins to a total of one hundred and twenty women, free of cost. This is to ensure the appropriate utilization of the pads and to also make them aware about the availability of alternatives.



Meanwhile, our visits also reported existence of many other issues, which were left unaddressed such as financial illiteracy, lack of communication skills and confidence. This gave our perspective yet another challenge, that is, to help them develop their personality traits inclusive of the above mentioned issues.

We conduct sessions in Sanjay Camp twice a week (Thursday and Friday), which usually begin with the topic of menstrual hygiene followed by basic remedies for distress during menstrual cycles and an open discussion about the same.

Astitva is the only project of NSS SVC that consists of only female volunteers because it was found that the women at Sanjay camp opened up better in their presence as compared to the male volunteers.

Each volunteer is paired with a woman, whom they can connect with the most, for skill.

The chain of pride and enhancement is what keeps the Project Astitva going on.



Book Bank

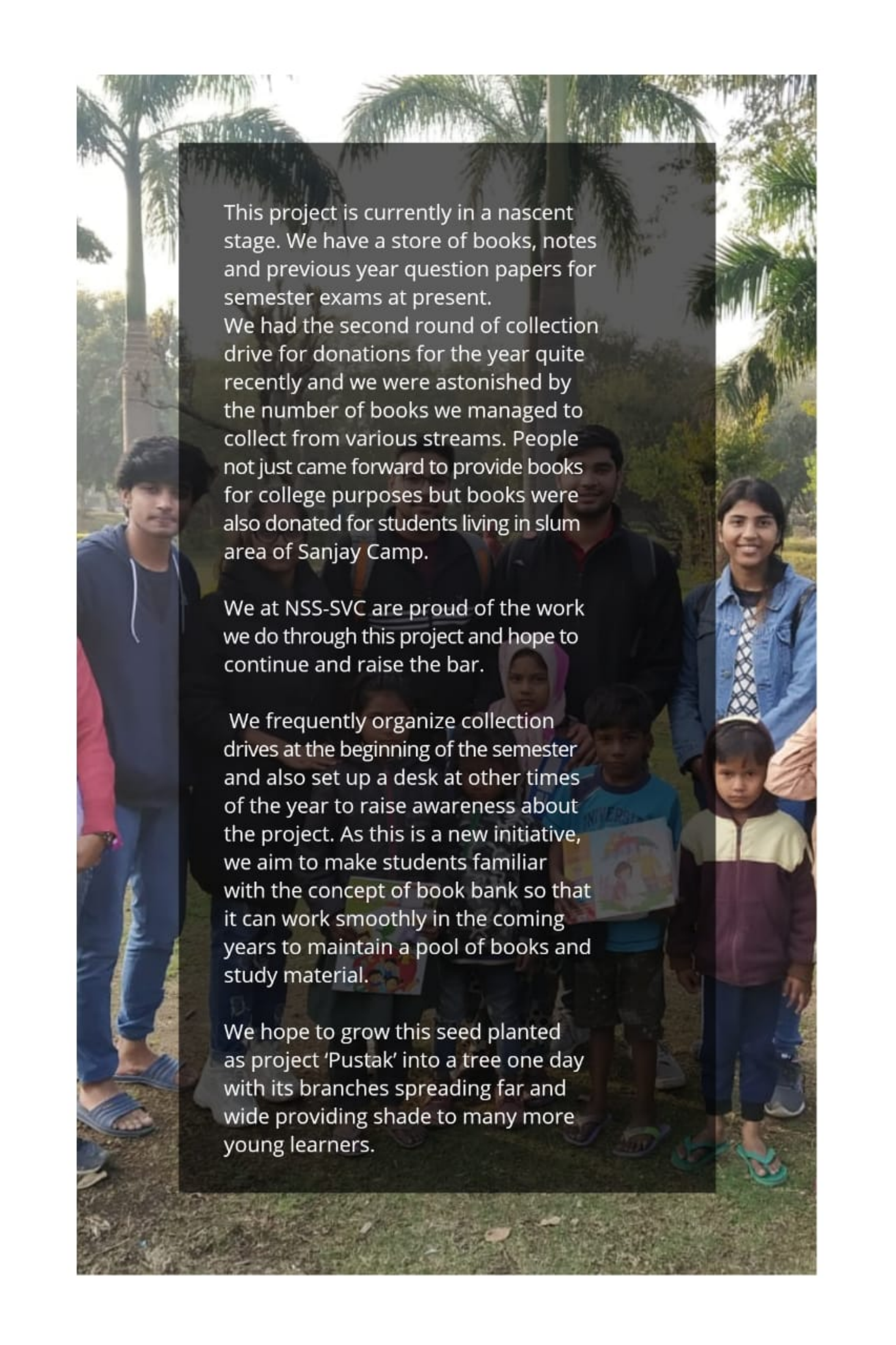
'Books are a uniquely portable magic.'

'Pustak', an initiative taken by NSS-SVC helps to bring about a change in the society by providing a means of education to students, especially to the underprivileged. We, at Sri Venkateswara College, believe that our goal is not just to help the underprivileged but to stand as a bridge to facilitate college students with books and other study material.

'Pustak' that is BOOK BANK was proposed by our senior Mr. Vipul Garg in the year 2017-2018 and was subsequently adopted by our NSS family in March last year.

We have a team of 30 volunteers who help ease the access of study material by creating a 'bank' of books sourced from the seniors. Through this project we aim to collect used study material and make it available to the juniors who require them.

By this we just don't help our juniors but also try to instill in our senior students the feeling of giving.



This project is currently in a nascent stage. We have a store of books, notes and previous year question papers for semester exams at present.

We had the second round of collection drive for donations for the year quite recently and we were astonished by the number of books we managed to collect from various streams. People not just came forward to provide books for college purposes but books were also donated for students living in slum area of Sanjay Camp.

We at NSS-SVC are proud of the work we do through this project and hope to continue and raise the bar.

We frequently organize collection drives at the beginning of the semester and also set up a desk at other times of the year to raise awareness about the project. As this is a new initiative, we aim to make students familiar with the concept of book bank so that it can work smoothly in the coming years to maintain a pool of books and study material.

We hope to grow this seed planted as project 'Pustak' into a tree one day with its branches spreading far and wide providing shade to many more young learners.

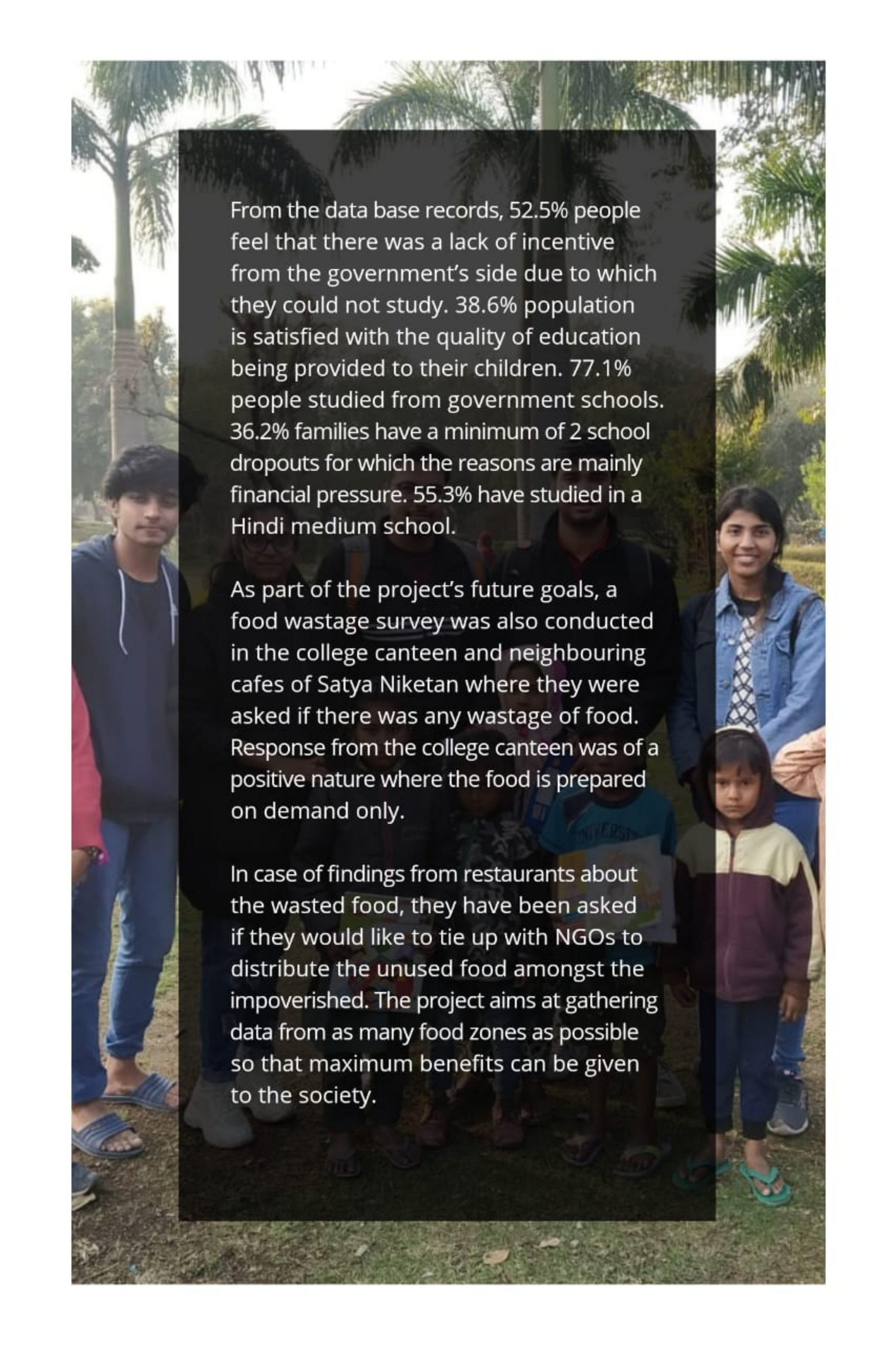
A group of people, including a child, are gathered outdoors, looking at a book. The background shows greenery and a clear sky. The text is overlaid on a semi-transparent dark rectangle.

Pahal

'Pahal' means 'beginning'. At NSS-SVC this project aims at collecting regular data updates from all the houses/stores in Sanjay Camp about the school dropout ratio, problems they face in their locality, educational qualifications of parents and children, census of family members and other related information. This information is then processed into raw data and the measures to improve their living conditions are formulated and executed.

The volunteers of NSS-SVC hold regular surveys at Sanjay Camp so that the data can be updated from time to time. Active participation of slum dwellers is the most positive part of this project because without their contribution Pahal could not have succeeded to the heights it has.

Volunteers go from door to door and ask questions from the people. The questions are basic and the way of interacting with them is informal and comforting therefore it functions smoothly. This also results in people discussing more and more about the lesser known things and issues that they face in their day to day life.



From the data base records, 52.5% people feel that there was a lack of incentive from the government's side due to which they could not study. 38.6% population is satisfied with the quality of education being provided to their children. 77.1% people studied from government schools. 36.2% families have a minimum of 2 school dropouts for which the reasons are mainly financial pressure. 55.3% have studied in a Hindi medium school.

As part of the project's future goals, a food wastage survey was also conducted in the college canteen and neighbouring cafes of Satya Niketan where they were asked if there was any wastage of food. Response from the college canteen was of a positive nature where the food is prepared on demand only.

In case of findings from restaurants about the wasted food, they have been asked if they would like to tie up with NGOs to distribute the unused food amongst the impoverished. The project aims at gathering data from as many food zones as possible so that maximum benefits can be given to the society.

Events

T3: Test, Treat and Talk

On 26th September 2019, NSS-SVC conducted a seminar on anaemia. A anaemia camp was organised by Health Ministry, Delhi Government. Organisations who were a part of this initiative were Poshan Abhiyan, National Health Mission, Delhi Sarkaar and Directorate of Family Welfare. The objective of the event was to spread awareness regarding anaemia. In total 701 people turned up for the health camp.



NATIONAL YOUTH DAY

On 13th January, 2020, a talk session was organized on the occasion of National Youth Day. Dr. P. Hemlatha Reddy, Respected Principal, Sri Venkateswara college, addressed the gathering. She discussed the role of Youth, as a significant change in the society and encouraged them to use their power significantly. It was an interactive session and students found it relatable and interesting. To conclude the session, students were asked to lay down their definition for "Youth".



DISASTER MANAGEMENT TRAINING SESSION

A disaster management training session was organized on 8th January, 2020, in the college campus, where volunteers participated. It was an interactive session, whereby, appropriate measures were being discussed, to combat and tackle situation of disaster without panicking. Smart and quick plans were taught to the students. They trained the students on how to use the fire extinguishers. Teachers also volunteered in demonstrating certain aspects of the training module. Here, students and teachers together, took initiative to apply the concepts practically. Later that day, a mock drill was conducted and the students were asked to evacuate the campus and assemble in the ground area, after the emergency bell rang. The purpose was to invoke a positive aware reaction in such a situation. NSS volunteers demonstrated what instructions should be followed and what all facilities will be provided in the occurrence of such an event.



SEMINAR ON CLIMATE CHANGE

NSS-SVC organised this seminar on September 24, 2019. Climate change is happening, it is largely caused by human activities, and it presents a serious threat to nature and people now, and in the future. Without ambitious mitigation efforts, global temperature rise this century could exceed 4 degrees Celsius above pre-industrial levels, with catastrophic impacts.

MARTYR'S DAY

A talk session and kavi sammelan was conducted on 30th January, 2020, on the occasion of Martyrs' day. Major General Vikram Dev Dogra addressed the gathering for the talk session. He inspired the audience with his story of becoming the Ironman (Greatest Marathon in the world twice) and guided the students to follow their dreams with conviction. There was a question and answer round at the end of the session, concerning doubts regarding an individual potential and ability.

Kavi sammelan was the second event of the day, graced by Rasik Gupta, President of Rashtriya Kavi Sangam Delhi and his team. The speakers took turns to entertain the audience with their humorous and witty content.



AHAAN: NOOR-E-ZINDAGI

- a. To promote women entrepreneurs and to mark a contribution to the women workforce of our country, stalls were put up by the budding female entrepreneurs in the college premises.
- b. Rang Tarang- Rangoli making competition was organised in the college premises where participants from various colleges showcased their creativity with utmost perfection.
- c.) Face Painting Competition was organised in the college premises where participants from various colleges showcased their creativity.
- d.) A cultural program showcasing talents of college students was organised. Students from various colleges participated in the program. Various societies of our college also performed in the program.
- e.) Joy Of Giving was organised where students and teachers donated generously in the form of clothes, books, shoes etc. which was later distributed among the under privileged people living in the slums
- f.) A play 'Kitni Girahein todi, Kitni Girahein Baaki' was performed by 30 volunteers of the society showcasing women empowerment.



NATIONAL VOTER'S DAY

On the occasion of National Voters' Day, 25th January, 2020, approx seventy volunteers took pledge at our college campus, for being a responsible citizen and voter. Dr. R.K. Yadav addressed the gathering with his words of wisdom and guidance. He motivated the students about the importance of voting as a responsible citizen and why it is necessary to make the wise and right choice.



SWACHTA PAKHWADA

NSS-SVC started Swachta Pakhwada on 1st August, 2019 with an aim to promote cleanliness in the college campus as well as in our adopted slum 'Sanjay Camp'.

We started with the Oath ceremony in college along with all teaching and non-teaching staff. We also completed our ceremony with kids from Sanjay Camp.

On 2nd August, 2019 NSS volunteers cleaned the classrooms and areas in and around Science block.

On 3rd August, 2019 NSS volunteers cleaned library, laboratories and canteen.

On 5th August, 2019 Ground and Garden area in college campus was cleaned by volunteers.

On 6th August, 2019 Team NSS-SVC took the initiative to promote cleanliness drive at Sanjay camp (a slum, near Chanakyapuri). The volunteers interacted with the people and children there to promote the Swachh Bharat Abhiyaan. Also, the volunteers promoted the noble cause by helping families clean their houses and main entrance areas.

On 10th of August. The volunteers of NSS-SVC took the opportunity to visit the National Rail Museum.

Around 30 volunteers participated in this cleanliness drive to promote the idea of Swachhta Abhiyaan. The volunteers with the help and guidance of the staff and security of the National Rail Museum, cleaned all the necessary areas as directed by the staff with utmost attention and sensitivity.

On 13th August volunteers of NSS-SVC visited to Charak Palika Hospital as a step towards Swachh Bharat, Sundar Bharat. We all felt obliged that we received an opportunity to meet the patients and hospital staff. In nutshell it was a successful initiative and full of positivity.

On 14th August, 2019 Team NSS SVC conducted a rally in Satya to sensitize about cleaning and to create awareness in masses. Also, Students of Sri Venkateshwara College and members of NSS-SVC took an initiative to promote the spirit of cleaning their own surroundings and creating awareness about how we loiter it knowingly or unknowingly.

And at last on 15th August, we had a concluding meeting with Principal of Sri Venkateshwara College.



WORKSHOP AND TALK SESSION ON DNA FIGHTS RAPE

A talk along with an informative workshop was conducted for the campaign DNA Fights Rape, on 4th Feb, 2020. The speakers were, Ms. Arneeta Vasudeva, Sr. Vice president PR & Influence Ogilvy India, Ms. Noopur Jhunjhunwala, UN Women's Partnerships coordinator and RJ Nitin, Big FM 92.7, three times winner of Media Federation of India. The session was all about the role of DNA, as a very prominent evidence against the perpetrator. The speakers emphasized on saving the bodily evidence, so that the justice does not get delayed. RJ Nitin asked the all the male audience to take oath and instilled them with a sense of responsibility for every women they come across. The session concluded with students having pictures with the backdrop which emphasized the importance of DNA and forensic evidence. The audience was enthralled with such an informative seminar along with the jaw-dropping forensic props.

JAL SHAKTI ABHIYAN

Jal Shakti Abhiyan was an initiative lead by central government and NSS SVC was one of the selected colleges to take part in the initiative through three major events:

- 1) A plantation drive happened on 22nd July 2019. 50 volunteers participated in this, and 35 saplings were planted.
- 2) Rally on 'save water, save life' happened on 22nd July 2019, and hundred volunteers participated actively in this rally along with other non-NSS students of the college.
- 3) Poster making competition happened July 2019, twenty volunteers participated actively, on the topic - 'water conservation'.



SWACHTA HI SEVA

A cleanliness drive followed by a rally to promote cleanliness was organised in the college premises on 22 Oct. 2019. The Hon'ble Prime Minister has called upon the nation to begin a campaign, Swachhata Hi Sewa, and has preached that Cleanliness is Service, from 15th September 2017 to Gandhi Jayanti on 2nd October 2017. During Mann Ki Baat on August 27, 2017, he addressed people to create an environment of cleanliness in the entire country so that the coming 2nd October, the third anniversary of the Swachh Bharat Mission and Gandhi Jayanti, can be celebrated in a befitting manner.

A total of 70 enthusiastically volunteers participated in the Event.



RANG BADLAAV KE

An initiative by Button Mushrooms in collaboration with Kailash Satyarthi foundation whose name is as meaningful as its agenda. "Badlav" Or change was what was brought out through this initiative, not just on walls but in the lives of numerous souls, young and old alike. With every stroke of color, came out a smile, a giggle and a hearty laughter and joy on the faces of people living in sanjay camp. This wonderful initiative of " Kailash Satyarthi children's Foundation " was a four-day program divided over two weekends, i.e. 6th, 7th, 13th and 14 th October. There was an action plan for each day and different areas of the slum were painted every day. Over 1600 volunteers joined in Rang Badlav Ke: students from 80 academic institutions, employees from 30 corporates and citizens from 20 countries. Together we painted over 3000 walls and over 700 murals. Everybody made out an effort to help out the people living there. There were wall painters, artists, bloggers and writers, all of them mesmerized by the kindness of the people living there.



BLOOD DONATION CAMP

A blood donation camp was organized in collaboration with AIIMS Delhi, on 24th January, 2020. There were 40 Volunteers to help out the students, registering themselves. There were guidelines, specifying the requirements to be fulfilled before donating blood. Many students eagerly waited for their turn and participated enthusiastically. The donors were provided with snacks to help them restore their energy and rewarded with T-shirts for encouraging more such willing people for the kind cause. It turned out to be a huge success.



Events by Unmukt

Throughout the year, NSS SVC's Nukkad Natak team 'Unmukt' has been actively involved in spreading awareness about various social issues. The issues that were covered were:

1. Mental Health
2. Plastic Ban
3. Unity in Diversity
4. Girl Safety

The play "Pagal nhin, bimar tha" and "kitni girhe kholi hai, kitne girhe baaki hai" were a huge success among the people of the college as well as in the Delhi university circuit.



Joy of Giving

NSS SVC has conducted 2 Joy of Giving sessions upto now. In these sessions we collect anything ranging from clothes, pulses, stationery, toiletries etc and donate it to the underprivileged people of our adopted slum Sanjay Camp. The turnout in the past two sessions has been huge and we hope to conduct many more such sessions.

Sanjay Camp

SANJAY CAMP

An isolated island behind the fine embassies on the tree-lined avenues of Chankyapuri, Sanjay Camp is hidden from view.

An urban slum with over 10,000 people, situated in trug between the embassies of the Republic of South Korea and the State of Qatar is an alley that leads to Sanjay Camp in Chanakyapuri. There are close to ten thousand houses here, with almost 2,200 families. In the narrow lanes of Sanjay Camp, dozens of small tin-roofed houses are squeezed together. An open drain passes through the middle of the alleyway where children play. The area comprises of people from different faiths, most of them working as daily wagers.

It is a resettlement colony where people do not have toilets attached to their houses and therefore, they have to depend on a public facility near the camp. Residents are forced to relieve themselves in the open or go to a relative's house to use toilet. This is in addition to their woes of not being able to get their daily supplies of food, water and milk. People do not have access to proper sanitation and health facilities. There is lack of awareness amongst the masses, children do not have access to proper education or books or study material which leads to more than 70% of the population here, to drop schools.

What We Do at Sanjay Camp?

NSS-SVC took up the responsibility to make Sanjay camp a more suitable place to live in, which included redecorating the slums structurally during "Rang Badlav ke". This project aimed at not only bringing 'Badlav: A change' on the walls of this settlement but also in numerous souls, young and old.

Apart from this, we decided to work on the awareness and education facilities for the people of this area through our projects such as 'Each one Teach one', 'Astitva', 'Book Bank' and 'Pahal'.



How We Do It?

Astitva focuses on empowering women and aims to make their lives more respectable by spreading awareness about issues which they cannot discuss in their daily lives, such as Menstrual Hygiene and proper sanitation.

Each one teach one is a revolutionary project which focuses on giving educational as well as life lessons to the children living in the sanjay camp area. Here we try our best to share and preach textbook knowledge as well as to inculcate moral values amongst the children as well as the young adults.

Book bank aims at providing a bank where all the study material and books are available to the people living in this area free of cost, so that lack of resources is not a reason for them to leave education.

Our Research Project, Pahal intends to collect data and reasons behind students dropping out of school or why people are not keen on getting education. In addition to this our goal is also to motivate them to educate themselves amidst all the barriers that hinder them from achieving it.

We have organised several events such as drives, nukkad nattaks, camps and workshops, time and again in this area to spread awareness about cleanliness, sanitation, health care and several other day to day agendas.

Joy of giving is yet another initiative where in we collect commodities such as clothes, blankets, coveralls, stationary etc required in the households of this area through donation drive and deliver it to them which indeed brings joy to them.

Over the past 2 years, we at NSS-SVC have worked in and around Sanjay Camp to figure out the problems faced by people in this area, suggested solutions and done our best to help the community living in this area.

With more than 4-5 thousand beneficiaries in the last 2 years, for us each day marks an opportunity to make this isolated island called Sanjay Camp a more habitable, safe and happy place. The people of Sanjay Camp are a motivator for us to work harder and this follow the motto "There is no greater joy nor greater reward than to make a fundamental difference in someone's life".

Departments

With as little as a single phrase or an uplifting word, the editorial team of NSS SVC gives life to possibly every post that our team has to share.

An editor is a critical reader and a lover of words - as grammar nazis, the members tend to proofread a document a number of times to ensure the integrity of the place they hold. The creators of the NSS magazine, every now and then the team has to caption posts and maintain reports for future reference.

The editorial team is a dedicated group of twenty four editors, whom the society can rely upon for amazing content.



The graphic designing team of NSS-SVC creates the overall layout and designs posters for different events, donation drives, seminars, annual fest in order to communicate information in a creative way.

The team forms the bedrock to a good marketing and outreaching strategy which helps in spreading awareness about an event or cause much faster to a large crowd. The creativity of this team brings the life of NSS-SVC ventures into graphics.



UNMUKT is the nukkad natak team of NSS unit of Sri Venkateswara College. Keeping the motto "not me, but you" alive, Unmukt creates productions of street plays to interact upon specific issues, and evils in the society. Plays on topics such as Mental Health, Plastic Ban, Girl safety etc have been presented successfully by the UNMUKT team of NSS SVC.





"Engage, Enlighten, Encourage", these words underline the purpose of our social media team. From updating about our projects and events, sharing unspoken narratives and reaching out to mentors and influencers to sensitizing about irking social issues, we routinely post on our Instagram, Facebook and LinkedIn handles.

The creative team is a very crucial part of NSS-SVC as it is responsible for all the decorations and area allotment of each and every event. They are the theme planners of these events, which again adds to them being the backbone of our society. For designing they use reusable materials, newspapers, cardboards used during elections and other waste materials in order to save paper and cost.



The photography team of NSS SVC is a group of hardworking students who work tirelessly, in order to capture every moment of joy and unity in the society. It's because of them that we're able to relive all the memories and simultaneously make new ones.



NSS – SVC's PR team works diligently in maintaining its society's reputation. They tirelessly work in making strong collaborations with various institutions. For various fests and events organized by NSS – SVC, we have successfully collaborated with numerous media partners, technical partners, and food and beverages partners.





Students' Writeups

This section is
a collection of
thoughts from
the students of
our college.

शान्ति संदेश

आजकल जहाँ देखो वहाँ लड़ाई, झगड़े और
भेदभाव की बात है
ऐसा लगता है जैसे हर कोई लगा के बैठा घात है
कहीं तन से तो कहीं मन से कत्लोगारत है
ये तो नहीं गांधी, नेहरू और पटेल का भारत है ॥

मिसाइल और हथियार से काबू कर सकते हो तुम समाज
परंतु सोच कर देखो कि तुम किस पर करोगे राज
अंतर्मन के कोने से आवाज़ आएगी
कि वह होगा जिंदा लाशों का समाज ॥

आपसी खींचातानी और नकारात्मक भेद बढ़ा
सकते हैं व्यर्थ फासले
लेकिन शांति और सब्र से सुलझ सकते हैं सब मामले
मतभेद भले हो उसे मत बनाओ मनभेद
क्योंकि उपजेगा उससे केवल कुंठा और खेद ॥

आओ बैठकर करें बात, न हो कोई नफ़रत का समाज
ऐसी राह बनाएँ मिटे विवाद और फसाद
खुशहाली बिखरे जगत में
मिलाएँ प्रेम, शांति और भाईचारे का हाथ ॥

गीतेश कुमार

बी. कॉम (औनर्स) प्रथम वर्ष

Light of change

Those dirty, narrow streets of slum ,
Surrounded by skyscrapers .
Where a world lives in dark.
We were in search of gleam .
Met a gray hair woman
Sitting at doorsteps of her house ,
Torn palms and feet ,
Just in her late 20s .
Wrinkles of poverty evident on face,
Her eyes were red, pale in fever .
Mother of family ,
Has 2 little sons to embrace .
We were astonished by
a male , in the kitchen.
A responsible, loving husband ,
shamelessly does household chores for sick wife .
His manhood feels no less,
Instead trains his sons to practice the same.
Next
Spoke to a middle aged woman ,
Hardly passed , elementary school .
Just 2 daughters ,both graduating from DU.
Lasses 's achievements is father's delight .
Conscious of , tomorrow is bright.
Then
Converse a dull swollen eyed woman.
Works as housemaid ,
Barely earning her living .
Anxious for her son ,
Who couldn't pass high school ,
for 2 years .
Unable to provide him private tuitions .
Herself, unschooled, still knows ,
Better future through education .
They are illumination ,
to the gloom around .
Strong heads dreams difference .
In new moon night, they are stars.
Their spark draws attention ,
Twinkle, breaking into black sky.
Ending our exploration ,
We found lights of change ,
in gloomy lanes.

By Aditi Rawat

झूठा दिखावा

मैनेजमेंट की शिक्षा प्राप्त एक युवा नौजवान की बहुत अच्छी नौकरी लग जाती है। उसे कम्पनी की ओर से काम करने के लिए अलग से एक कैबिन दे दिया जाता है। वह नौजवान जब पहले दिन ऑफिस जाता है और बैठकर अपने शानदार कैबिन को निहार रहा होता है, तभी दरवाज़ा खट खटाने की आवाज़ आती है। दरवाज़े पर एक साधारण सा व्यक्ति आता है, पर उसे अंदर आने को कहने के बजाय वह युवा व्यक्ति उसे आधा घंटा बाहर इंतज़ार करने के लिए कहता है। आधा घंटा बीतने के पश्चात् वह आदमी पुनः ऑफिस के अंदर आने की अनुमति मांगता है और उसे अंदर आते देख युवक टेलीफोन से बात करना शुरू कर देता है। वह फोन पर बहुत सारे पैसों की बात करता है। अपने ऐशो - आराम के बारे में कई प्रकार की बातें बनाने लगता है। सामने वाला व्यक्ति उसकी सारी बातें सुन रहा होता है। पर वह व्यक्ति फोन पर बड़ी-बड़ी बातें हांकना जारी रखता है। जब उसकी बातें खत्म हो जाती हैं तब जाकर वह उस साधारण व्यक्ति से पूछता है कि तुम यहाँ क्या करने आए हो ?

वह आदमी उस व्यक्ति को विनम्र भाव से देखते हुए कहता है, साहब! मैं यहाँ टेलीफोन रिपेयर करने के लिए आया हूँ, मुझे खबर मिली है कि आप जिस टेलीफोन से बात कर रहे थे वह हफ़्ते भर से बंद पड़ा है। इतना सुनते ही युवा व्यक्ति शर्म से लाल हो जाता है और चुपचाप कमरे से बाहर चला जाता है। उसे उसके दिखावे का फल मिल चुका होता है।

अतः हमें ध्यान रखना चाहिए कि हम चाहे कितने भी सफल क्यों न हो जाएँ, व्यर्थ के अहंकार और झूठे दिखावे में न पड़ें, अन्यथा उस युवक की तरह हमें भी कभी न कभी शर्मिंदा होना पड़ सकता है।

-- आयुषी सिंह

Depression

People want to know what depression feels like what makes it so crippling? It's all in your head, isn't it? It's not like you have some physical injury. Let me tell you what depression feels like. It becomes difficult to even breathe. It's like someone is forcing all the air out of your lungs and you are going to choke, There's this constant lump at the back of your throat which starts to hurt when you swallow your tears. It feels like your chest is going to explode because your heart inside is banging at it wanting you to let it out. But you don't know what you're supposed to let out! Your jaws hurt when you attempt to do anything with it, absolutely anything. Then there's this constant, blinding headache which feels like metal smiths are bloody working on Thor's hammer inside your skull. And then there's the lethargy. Oh Lords! You haven't done anything productive all day except lying in a fatal position in your bed but your body hurts like it's been doing physical labour in a mine in the 1800s. And then there are the tears. So inconvenient. You don't know when the plumbing is going to be faulty again but it will happen at either the most inopportune moment or at the most random. There's no in between. It will happen when you're with your parents watching a movie or just doing the dishes alone. How are you going to explain your tears? There are unaccountable rages, mood swings more lethal than Jaspreet Bumrah's Yorkers and just. emptiness. So yeah, it's inside my head, and it's messing with my head!

- Deepansha Ahuja

'A chance is what we all deserve'

"Until we have equality in education and opportunities we won't have an equal society" is precisely quoted by Sonia Sotomayor. The constitution under article 21 provides the fundamental right to education to all the citizens irrespective of all disparities. To promote equality inequality is the basic step. Reservation nourishes the historical disadvantage of caste and tribes, listed as ST, SC and OBC. The 99th amendment to the Indian Constitution has increased their period of preservation.

Quota systems favouring certain cast and communities existed before independence in several areas of British India. This six thousand year Long discrimination and Prejudice on the basis of structure of caste system is the main reason the demand for reservation is urgent. The oppression faced through untouchability and restricted areas of work and occupation as kept them far behind the development of the general category. Adding to this, the thickening stereotypes and mind set of people hamper the growth not only of a few sections but the society holistically. The economic balance of the nation Get shaken. The disparities create huge confidence and self worth issues in the people belonging to the suppress communities. This feeling neglected and separated from others in all spheres of life. They are subjected to a vicious cycle of dominance. They can never escape, forcing them to put a baggage of child labour on the children.

Education is not so easily accessible to the backward sections of the society for them reservation is an opportunity to come up to the levels of children who get moderately good conditions to study. If reservations are not provided then the judgement of seeds will be Biased and will lead to them being discriminated as they do not possess the same resources.

When all the sections of the society Will be a part of its working population, which is possible only when equal opportunities are Distributed to the economic development at GDP growth of the country due to higher efficiency of human capital. Education is the most important weapon of a Nation's rise. The need of the hour is to encourage the role and motive of reservations. The duty lies not only in the hands of the government but also with us as aware and responsible citizens. Government provisions such as reservations in schools colleges in jobs should be brought to the notice of the concerned people. They have to be made aware of the advantages of The schemes in their life. People should a where their house help to send the children to school from the beginning. The system of reservation is very important for the upliftment of the sections and to bring them on the same level as "a chance is what it takes to open wings and fly high".

By: Mehar Arora

Is India on a Path to Abolish Child Labour?

Child labor is a serious and complex problem in India which is rooted in poverty. The position of India in terms of child labor is not an appreciable one, with a credible estimate ranging from 60 to 115 million. According to a Campaign Against Child Labor (CAC) 2001 study, India had 12.6 million child laborers. However, this number has now been decreased to 4.35 million.

The main causes of child labor are- lack of educational opportunities, poverty and lack of literacy among the parents, with poverty being the single most dominating stimulant of child labor. Child labor is a serious threat to economic growth. Uneducated children of today cannot contribute much to the economic prosperity of the country.

A National Policy on Child Labor was formulated in 1987 and the Government of India has taken several initiatives to completely eradicate child labor. Due to the lack of co-operation from the society, child labor is still a major problem for the government. On 29th August 2013, more than 400 children in New Delhi (capital city), marched to the Parliament demanding the passage of the Child Labor (Prohibition and Regulation) Amendment Bill, which would prohibit hazardous work for all children below 18 years. It will also ban any employment of children below 14 years thereby aligning with the Right to Education Act. The Right to Education Act is one of the most powerful right any citizen can have.

Thus, India has seen a dramatic fall in child labor in the last two decades.

The policies are framed by international labor conference, which meets once a year in June, in Geneva, Switzerland. This year, in the conference India ratified two international conventions against child labor, which is a step taken towards complete prohibition of child labor. ILO Director-General Guy Ryder welcomed India among the member states party to the two fundamental Conventions. "labor in all its forms. They also represent a positive step on the country's path towards full respect for fundamental rights at work," he added.

This amendment now completely prohibits employment of children. Many new schemes and policies have been introduced for the education and betterment of the children. However, no efficient solution has been found yet owing to the lack of awareness and non-cooperation by the masses. Child labor is a socio-economic national problem, which requires a close analysis and practical solutions.

-- Bhavya Bansal

POWER OF POSITIVE THINKING

Is it possible to remain positive all the time? Do positive people come with a natural gift of being positive, or can it be cultivated by all?

In the last two decades, one thing that is clearly evident is a disheartening fact. That is, in spite of all the available advice and guidance, a lot of people who want to give up negative thinking find that they are unable to do so. Negative thoughts seem to flow endlessly and automatically, while positive thinking seems difficult or even impossible. Very often, one negativity is replaced by another.

So now, the alarming question is what to do to get out of this mess. The first step towards bringing positivity in our lives would be to dig deeper and analyze our current situation in a more holistic way. Many of us must have noticed that we are in a better position in our lives wherein we are not going through bad situations, but we still live with negativity because of what is happening around us. To sustain a positive attitude and outlook requires wisdom and courage.

To better implement this, one needs to also understand the power of positive thinking and how it helps us to rise above our own self. Thoughts are energy, or better call it metaphysical energy. The energy coming from thoughts is vibrations. Positive energy has higher and stronger vibrations than negative energy to face, to tolerate, to judge, to discriminate, to cooperate, to be flexible and to let go.

A regular diet of positive thoughts can keep us happy and contented all our life. Therefore, by creating positive thoughts and by focusing on our positive energy, we are able to put these thoughts into action. Remember, positive mental images lead to positive action which in turn leads to result, achievement and fulfillment. Your predominant thoughts operate like a magnet to attract similar circumstances into your life. Have a powerful positive vision to expose boundless prospects because it's rightly said that:

-Ayushi Singh

सकारात्मक सोच की शक्ति

जीवन में आए चाहे आँधी, तूफान
या सुनामी
और भले ही कितनी भी भयंकर परेशानी

अगर है सकारात्मक सोच
तो मंज़िल पाओगे तुम, मानो मेरी
जुबानी ॥

चींटी ने रखा संयम और उम्मीद
पार कर गई विशाल पर्वत, नहीं
हुई भयभीत
वहीं दूसरी ओर जिसमें थी हिम्मत और
आत्मविश्वास निराला
कहलाई वो जाँबाज़ मलाला ॥

अच्छी सोच एवं परिश्रम से
तुम बदल सकते हो दुनिया का हाल
जैसे चाय बेचने वाले की आज
दुनिया देती है मिसाल ॥

गीतेश कुमार
बी. कॉम (औनर्स) प्रथम वर्ष

WHAT YOU NEED ?

When you are down on your knees,
You always have two options
You can lay back and sleep, Or stand to
fight for what you need.

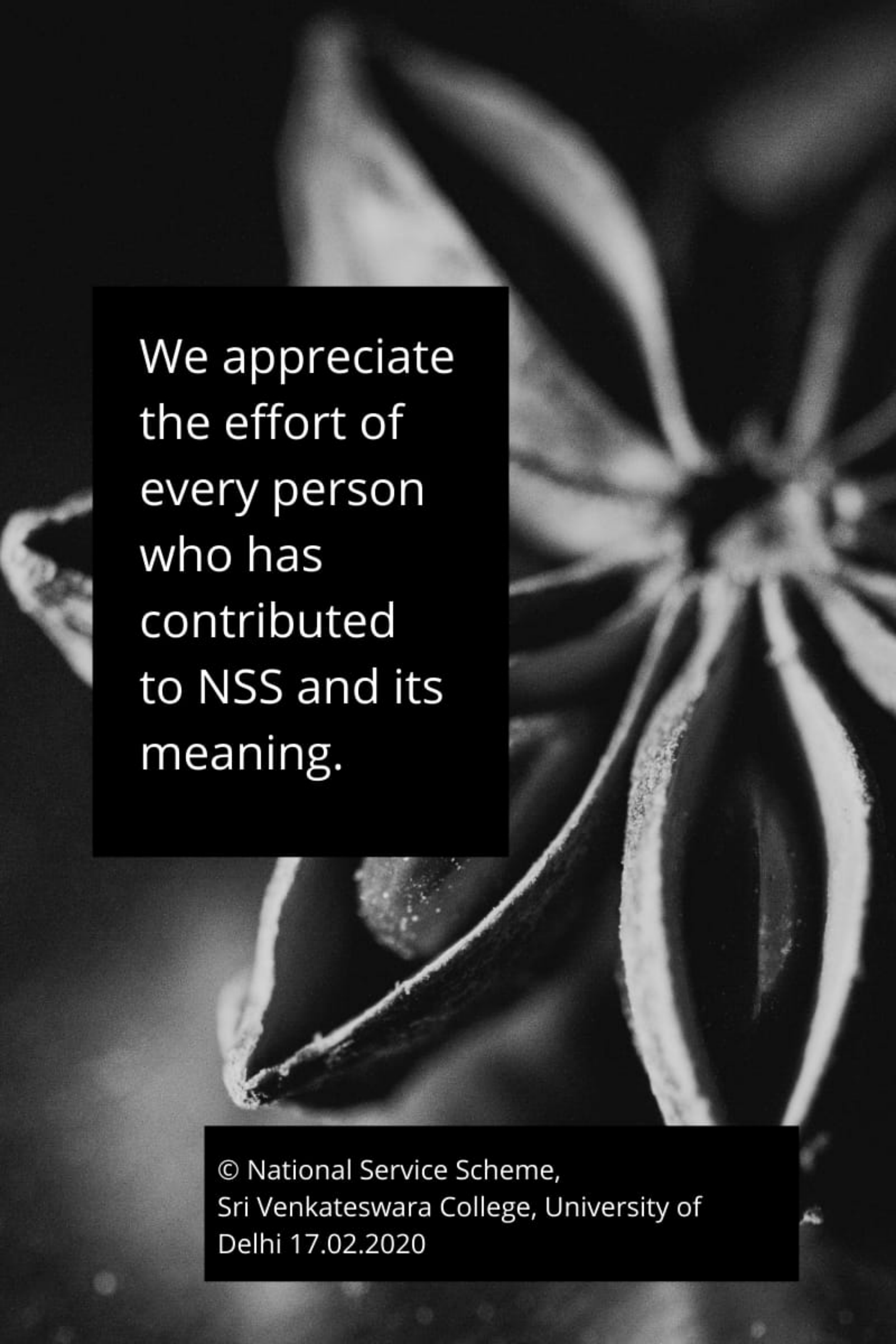
You are sad for the sun that set,
Fearing the darkness that prevails,
You can hide in some gloomy place
Or be the light for what you need !

The quest to glory is never easy .
It has mysteries , hurdles , and ironies ,
You can eat sleep , repeat ,
Or gather the courage for what you need

I see you shattered , I see you broken
Crying for the life you have lead
You can sit down with the tears in eyes
Or smile back and change what
you need !

The life is yours , you have to live
Work to achieve not to please
You can read the verse and throw
this piece
Or ' think upon ' to work on on what
you need !
What you GENUINELY need ?

-GAMINI



We appreciate
the effort of
every person
who has
contributed
to NSS and its
meaning.

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